



Newsletter

April - May 2021



OUR MISSION

Building community partnerships to link resources by using a holistic approach to improve the well-being of all.

Upcoming Events

Community Stakeholder Meetings

- April 06, 2021
(1:00 PM - 2:30PM)
- May 04, 2021
(1:00 PM - 2:30 PM)

CARE Center Food Distribution

The CARE Community Center has been working diligently in partnership with the Feeding San Diego to receive and distribute food on a weekly basis. If your organization or one that you know of would like to participate, send an email to Desiree Abugaber, Desiree.Abugaber@sdcca.org for more information on how to participate.

Message From The DA

Our nation has experienced two acts of terror this past month that claimed so many innocent lives and our hearts go out to the victims and their families. During the pandemic, we have seen a rise in hate crimes and hate incidents against our Asian communities. This is something we will not tolerate. If you see or hear something that looks like a hate incident or a hate crime, please report it immediately. While we are focused on the alarming increase in hate targeting our Asian communities, we remain focused on stopping all hate against any race, ethnicity, religion, sexual orientation, gender or disability which are the five protected categories under the law. My call to action is for you to report all hate crimes by calling 911 if it's an emergency, and in non-emergency circumstances calling your police department, FBI or directly contacting our office where we created an easy access point to report online at SanDiego-DA.com, or email at hatecrimes@sdcca.org, or call at (619) 515-8805. We want to make sure everyone is safe in our community.



It has been one year since we had to make modifications to our operations at the CARE Center due to COVID-19. Although we continued our services, we look forward to seeing you all in person at the CARE Center and are engaged in planning for a complete reopening hopefully in the near future. We are in the process of setting up the infrastructure to ensure there is proper air filtration and clear physical distancing guidelines. We have all had to adjust in our personal and professional lives this past year. We know everyone is dealing with so much, so we wanted to focus this newsletter on sharing a few resources that may be helpful to you, your families, or your clients.

CARE Center Assessments and Contact Information

Needs Assessment

If you or someone you know would like to sign up for our needs assessment, please contact us through either of the following:

Phone: (619) 356-4489

Email: info@sdccarecenter.org

Website: www.sdccarecenter.org

Address: 12 N. Euclid Avenue, National City, CA 91950

Check out our website!



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Community Resources

WELCOME TO GAME NIGHT YOUTH COALITION

Join us for a virtual escape room game night! Unwind and have fun while you learn more about how you can get involved, have your voice heard, and be around other rising leaders in Southeastern SD.

The first 100 youth to RSVP before March 31st get a large pizza delivered to their house for FREE!

Open to ages 10-18

April 5th, 2021 @ 5:30 PM via Zoom
Scan or click the QR Code & RSVP by March 31st

tinyurl.com/SESGameNight

This project is partially funded by Safe Destination Nights, SAY San Diego, SAMHSA SPH Partnerships for Success, Elevate Youth California, and the US Department of Justice.

ASSERTIVE FAMILY SOLUTIONS
ONE FOR EACH OTHER GRANDFAMILIES SUPPORT GROUPS
COURT APPROVED PARENTING AND CO-PARENTING CLASSES

**Court Approved Step Parenting Classes
An Invitation to Register**

Where: By Zoom
When: 5 Saturday mornings from 10 to 12
April 3rd, 10th, 17th, 24th and May 1st

Text: 858 848 6162 to register, with your full name, ages of your children, phone number and email. You will receive a confirmation text and where to come to pick up your Book and Handouts.

www.assertivefamilysolutions.org



Job Readiness Training

Sign up today. Its FREE!

During the four-week training you will build yourself-confidence and acquire critical skills needed to gain and retain employment, such as time and resource management, a professional attitude and teamwork. Hours are Monday through Friday, 9:00 a.m. - 4:00 p.m.

- | | |
|-----------------------------------|---------------------------------|
| Build a strong work ethic | Case management |
| Personal job placement assistance | Access to computer lab |
| Network and build community | Access to professional clothing |
| Financial literacy | Supportive services available |

2021 Class Schedule

	Orientation	Graduation
Class 241	January 11	February 5
Class 242	February 15	March 12
Class 243	March 22	April 16
Class 244	April 26	May 21
Class 245	June 1	June 25
Class 246	July 6	July 30
Class 247	August 9	September 3
Class 248	September 13	October 8
Class 249	October 18	November 12
Class 250	November 22	December 17



For eligibility requirements* or to enroll, please call 619-234-8888

Classes are held at:
Second Chance
6145 Imperial Ave
San Diego, CA 92114

*Criminal background cannot include arson or 290

SECONDCHANCEPROGRAM.ORG

COMMUNITY RESOURCE EDUCATIONAL SUPPORT TEAM
C.R.E.S.T
A Program Providing
Educational Wraparound Support Including
Academic Support
Social Emotional Support
Academic Case Management

IN PARTNERSHIP WITH
Alliant International University
California School of Education

IF YOU ARE AN ORGANIZATION THAT SUPPORTS KIDS WHO MAY BENEFIT FROM THIS PROGRAM, PLEASE CONSIDER SIGNING THEM UP BY EMAILING:
EDUCATE@OPENHEARTLEADERS.ORG

Accepting Students Now

Students: **K-12**

Register Here:
<https://openheartleaders.org/services-programs/ohl-crest-registration/>



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NOW THERE ARE TWO WAYS TO SAVE LIVES

Recovered from COVID-19? DONATE PLASMA

Gaaren (left) donated convalescent plasma (CCP) after recovering from COVID-19. Emily and Daniel (right) recuperated from COVID-19 after receiving CCP.

DONATE BLOOD

Blood donations are being tested for antibodies.

This is not a diagnostic test and will not detect recent COVID-19 infections or exposure.

Selina (left) has sickle cell anemia and requires regular blood transfusions to stay healthy. Her life is made possible by donors like Evan (right).

Appointments Required
 (619) 400-8251
sandiegobloodbank.org/2ways2give
 Safety measures in place. Photo ID required.



AHORA HAY DOS MANERAS DE SALVAR VIDAS

¿Se ha recuperado de COVID-19? DONE PLASMA

Gaaren (izquierda) donó plasma convalescente (CCP) después de recuperarse de COVID-19. Emily y Daniel (derecha) se recuperaron de COVID-19 después de recibir el CCP.

DONE SANGRE

Se están analizando las donaciones de sangre para detectar anticuerpos.

Esta NO es una prueba de diagnóstico y no detectará una exposición reciente al COVID-19.

Selina (izquierda) tiene anemia de células falciformes y requiere transfusiones de sangre regulares para mantenerse saludable. Su vida es posible gracias a donantes como Evan (derecha).

Citas necesarias y identificación con foto requerida. (619) 400-8251
sandiegobloodbank.org/2ways2give
 Se han establecido medidas de seguridad.



Pet Resources

FOR MORE INFORMATION ON THE TOPICS BELOW, SCAN THE QR CODE.
 1. Open your phone's camera. 2. Point camera at one code. 3. Tap link that automatically pops up.

<p>Community Support Services</p>	<p>Vaccinations & Microchipping</p>
<p>Spay & Neuter Services</p>	<p>Adoptions</p>

FREE PET FOOD

San Diego Humane Society provides free, supplemental pet food, available Tuesday to Sunday, 9 a.m.-6 p.m., at the following four locations:

- 5500 Gaines St., San Diego
- 1373 N. Marshall Ave., El Cajon
- 3500 Burnet Drive, Escondido
- 572 Airport Road, Oceanside

Please visit sdhumane.org to find more information about:
 Project Wildlife | Behavior Helpline | Events



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Recursos para mascotas

PARA OBTENER MÁS INFORMACIÓN SOBRE LOS TEMAS A CONTINUACIÓN, ESCANEE EL CÓDIGO QR.
 1. Abra la cámara de tu teléfono. 2. Apunta la cámara a un código. 3. Toque el enlace que aparece automáticamente.

<p>Servicios de apoyo a la comunidad</p>	<p>Servicios de vacunas y microchip</p>
<p>Esterilización y castración</p>	<p>Adopciones</p>

COMIDA GRATIS PARA MASCOTAS

La sociedad humanitaria de San Diego ofrece comida suplementaria para mascotas gratis, disponibles de martes a domingo, de 9 a.m. a 6 p.m., en las siguientes cuatro lugares:

- 5500 Gaines St., San Diego
- 1373 N. Marshall Ave., El Cajon
- 3500 Burnet Drive, Escondido
- 572 Airport Road, Oceanside

Visite sdhumane.org para encontrar más información sobre:
 Proyecto Wildlife | Línea de ayuda de entrenamiento de animales | Eventos



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